



Let the *magic* begin



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Win

1 OF 3 \$200
CHRISTMAS
SHOPS!

To enter, complete your
colouring in sheet on page 27



Welcome Marketplace Gungahlin

Discover the ultimate guide to festive fun.

Whether you're looking to shop for magical gifts, dine at our newest cafes and restaurants, or catch up with friends over a coffee, you'll find it all right here at Marketplace.

Explore our curated collection of festive recipes, DIY crafts, fashion and beauty tips, and so much more.

We also have a bustling calendar of FREE events for the entire family to keep little ones busy, plus an awe-inspiring new playground, MarketQuest, that will ignite your little ones' imagination.

Take advantage of all the excitement at Marketplace. We wish you a safe and Merry Christmas and a Happy New Year.


Let the magic begin!



Christmas trading

Monday 18 December	9am - 7pm
Tuesday 19 December	9am - 7pm
Wednesday 20 December	9am - 7pm
Thursday 21 December	9am - 7pm
Friday 22 December	9am - 9pm
Saturday 23 December	9am - 5pm
Sunday 24 December	9am - 5pm
Monday 25 December	CLOSED
Tuesday 26 December	10am - 4pm
Wednesday 27 December	10am - 5:30pm
Thursday 28 December	9am - 5:30pm
Friday 29 December	9am - 9pm
Saturday 30 December	9am - 5pm
Sunday 31 December	9am - 5pm
Monday 1 January	10am - 4pm
Friday 26 January	10am - 4pm

Subject to change.



exclusive offers



SPEND \$40 AND GET
10% off

*Terms and Conditions apply, see in store for details. Offer ends 24 December 2023. Gungahlin only.



SPEND \$30 AND GET
20% off

*Terms and Conditions apply, see in store for details. Offer ends 24 December 2023. Gungahlin only.



BUY 1 FAMILY MEAL, GET
8 Free Spicy Wings

Terms and Conditions apply, valid until 31 December 2023. Gungahlin only. See instore for full details.



20% off
OUT OF POCKET EXPENSES

*Terms and Conditions apply, patients must have a Medicare card. Offer ends 31 December 2023. Gungahlin only.



RECEIVE
6 classes for \$60

*Terms and Conditions apply, offer is valid for new clients only. Offer ends 31 December 2023. Gungahlin only.



ALL MEMBERSHIPS 30% OFF+
50% off first month

Terms and Conditions apply, valid until 31 December 2023. Gungahlin only. See instore for full details.



10% off
FOOD AND BEVERAGES
MINIMUM SPEND \$30

*Terms and Conditions apply, see in store for details. Offer ends 31 January 2024. Gungahlin only.



\$10
Single Bondi Meal

*Terms and Conditions apply, see in store for details. Gungahlin only.



30% off
Sunglass Frames

Terms and Conditions apply, valid until 31 December 2023. Gungahlin only. See instore for full details.

Christmas at Marketplace

Santa's Arrival Parade

Saturday 25 November 2023 | 11am
Centre Wide, commencing at Grease Monkey,
finishing Level 1 near MarketQuest

Join us to welcome Santa with our Santa Arrival Parade. Commencing at Grease Monkey. Santa will be bringing his magical elves and reindeer. Plus, the festive music will be bringing the magic to life. Stand back and watch as the festive season arrives at Marketplace.



Santa Photos

2nd, 9th, 16th, 22nd, 23rd, 24th December
11am-2pm

Santa is at Marketplace! Take your photo with Santa on your own device at Marketplace. Santa's little helpers will be there to help you get the perfect festive shot.





Santa's Breakfast

2nd, 9th & 16th December

10AM | outside BIG W

FREE for The Hub Members

Let the kids enjoy a jolly morning filled with delicious food, holiday cheer, and a special visit from the man in red himself.

Roaming Entertainment

November 26th, December 3rd, 11th & 18th
Roaming Centre Wide
11:00am - 2:00pm

You will find Santa's helpers roaming around our Centre. Are you on the naughty or nice list?
FREE Christmas goodies will also be handed out.

Community Gift Wrapping

17th & 18th December
20th – 24th December
11AM – 2PM | Near Kmart

Take the hassle out of gift wrapping with our Community Gift Wrapping station for a gold coin donation.

Subject to change, check website for updates.

Festive Face Painting

November 25th, 26th, December 1st, 3rd, 9th, 10th, and 18th
Level 1, near MarketQuest | 11AM – 2PM

Our talented face painters will be on hand to transform your face into a canvas of holiday cheer.

Christmas Workshops

11:00 AM - 2:00 PM
Outside Big W

- **Snow Globes: November 27th-29th**
- **Christmas Wrapping Paper: November 30th – December 1st**
- **DIY Santa Sack: December 4th-8th**
- **Santa Keys: December 11th – 15th**
- **Lolly Wreaths: December 18th – 21st**

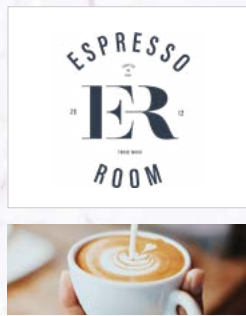
FREE for The Hub Members
Bookings essential

Find out more
AND BOOK NOW



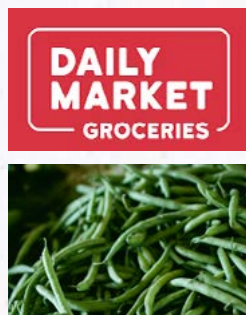


We're so pleased to welcome these new faces at Marketplace. Make sure you stop & say hello next time you visit.



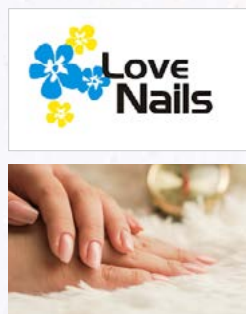
Espresso Room:

Calling all coffee lovers! Are you ready to go on a delicious journey? Immerse yourself in the expertly crafted ONA coffee, skillfully prepared by talented baristas at Espresso Room. Conveniently located next to MarketQuest, so the kids can play, whilst parents enjoy a coffee!



Daily Market:

This is Canberra's newest destination for fresh, high quality Asian groceries. From fresh produce to an assortment of Asian snacks and drinks, Daily Market offers a variety of products sourced from hundreds of international brands.



Love Nails:

Discover the ultimate beauty sanctuary at Love Nails. Treat yourself to a wide range of treatments, including manicures, soothing spa pedicures, SNS nails, stunning gel and acrylic nails, long-lasting shellac, eyelash extensions, waxing, and expert brow grooming.



What's in season

With Woolworths

Boost your energy and refresh your body by adding fresh fruits and veggies to your plate. Discover the best selection of wholesome produce at Woolworths to keep your body thriving and healthy this summer.

Apricots

A delicious and nutritious fruit that can improve your gut and skin health. Packed with Vitamin A, these flavourful wonders are a must-have for a balanced diet and a perfect snack on the go or enjoyed with some yoghurt and muesli.

Berries

Bursting with flavour, nutrients, and incredible health benefits, berries are a must-have in your diet. Packed with fibre, these little superfoods can be enjoyed in endless ways – from refreshing smoothies to cereal toppings.

Tomatoes

Tomatoes are packed with essential vitamins and minerals and offer a range of health benefits. Countless tomato varieties are available, each with its unique shape and flavour. Tomatoes make a perfect addition to any dish, from salads and toast to pasta.

Cucumbers

Stay hydrated and boost your health with cucumbers! They contain Vitamin K, which supports healthy blood and bones. Enjoy cucumbers in various ways - add them to water with sliced lemon and mint for a refreshing twist, or use them as a garnish for a delicious summer cocktail!

Sugar Snap peas

With the peas and the pod being edible, you can enjoy them raw or boil them for a gentle, delicious crunch. These versatile veggies are ideal for adding to salads or stir-fries. But for the ultimate taste sensation, try sautéing fresh sugar snap peas in oil and butter - the perfect side dish.

Woolworths 

Cook up a feast this season

You'll find no shortage of grocers here at Marketplace, with Daily Market, Desi Bazaar, Aldi and Woolworths all providing an extensive range of fresh produce and specialty items for you to use at home to cook delicious meals for your loved ones.

Here are some recipes to enjoy this holiday season.

Quick Coconut Curry

Ingredients

500g chicken thigh fillets (cubed)
1 SunRice Basmati Rice
2 cup baby spinach leaves
1 The Spice Tailor Keralan Coconut Curry
1 tbs olive oil

Method

Step 1: Heat olive oil in a medium saucepan over medium heat. Add spices from the spice packet and cook until the seeds pop.

Step 2: Cook rice as per packet instructions.

Step 3: Add chicken and cook for 10 minutes or until browned. Add the sauce and cook for a further 3 minutes. Remove from heat, stir through the spinach and leave until slightly wilted.

Step 4: Spoon curry on top of rice to serve.



Asian Salmon Fillets with Noodles

Ingredients

2 x salmon fillets
1 x head broccoli
250g carrots
2 x onions
2 x packs Asia Specialties noodles
35ml Pure Vita Vegetable Oil
25g piece fresh ginger
70ml Asia Specialties Soy Sauce
Salt and black pepper to taste

Method

Step 1: Peel the onions and slice thinly. Peel the carrots and cut into julienne strips.

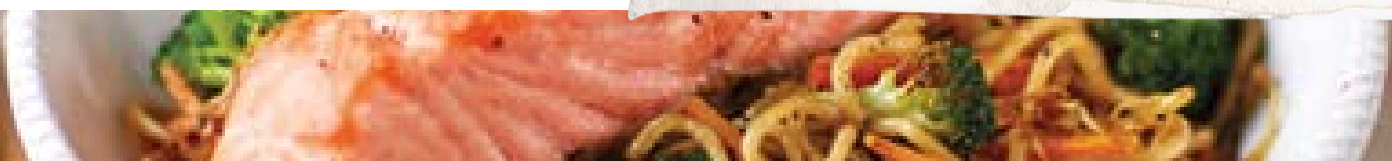
Step 2: Cut the broccoli into small pieces – discard the thick stalk (great for adding to homemade soups).

Step 3: Peel the ginger and grate finely. Cook the salmon as per directions on the pack – either grill or oven bake.

Step 4: Heat the oil in a wok and add all the vegetables. Stir fry for about 10 minutes, stirring as you cook.

Step 5: Add the noodles, ginger and soy sauce, season with a little salt and plenty of black pepper. Cook for another 6-8 minutes until the noodles are hot.

Step 6: Divide the noodles into 4, top with a salmon fillet and serve.



Summer Smoothies

Quench your summer thirst with a refreshing smoothie! Grab your farm-fresh ingredients and delight your family with a nourishing drink that's ready in minutes.

Green Pear Smoothie

Even the kids will be coming back for more of this delicious dairy-free green smoothie.

Ingredients

2 frozen bananas, chopped
3/4 cup chopped kale
2 ripe pears, peeled, cored chopped
1 tablespoon rice malt syrup/or agave
250ml vanilla almond milk
3-4 ice cubes

Method

Add all ingredients to the blender. Blend on high speed, pour and enjoy!



Berry Mint Smoothie

Start your day right with a wholesome berry, yoghurt and mint smoothie - you'll definitely be coming back for seconds!

Ingredients

1 cup chilled almond milk
1/2 cup frozen raspberries
1/2 cup frozen blueberries
1/3 cup coconut or dairy free yoghurt
1/4 cup mint leaves
Handful of ice-cubes

Method

Place all ingredients into a blender and blend until smooth, serve immediately.





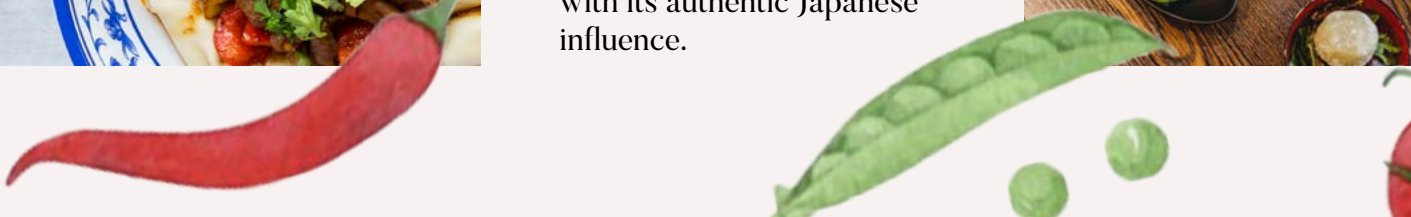
Eat, drink & be festive

Atlas: Discover local produce and quality ingredients, striving to pour a great coffee with good food and friendly service. They aim to showcase all of the unique produce of Canberra and the surrounding regions.



Biang Biang: Enjoy a range of authentic Chinese food, with menu items ranging from hand-pulled noodle dishes to pork burgers. Some might say there is a slice of Xi'an China at Marketplace Gungahlin.

Bento Tei: Unique Japanese-style bento of various combinations. They also provide a unique take on fusion sushi that is visually appealing and mouth-watering with its authentic Japanese influence.



FOOD & DINING

Lagom: The team at Lagom has you covered with breakfast, lunch and all-day meals available. Their specialty coffee is sure to give you that caffeine hit.



Young & Frisky: Bringing a fun and casual dining vibe to Gungahlin Young & Frisky specialises in fried chicken and whiskey. Popular menu items include the kansas burger, popcorn chicken, chicken schnitzel, & their extreme burgers.



Dining Directory

Ali Kebabs	(02) 5136 1143
Atlas	@atlascafegungahlin
Banh Mi House	(02) 6156 4508
Bento Tei	0430 909 486
Biang Biang	0416 658 831
Boost Juice	0449 608 669
Café Cherry Beans	(02) 6242 8939
Chatime	(02) 6241 4839
Chatkazz	(02) 6242 8939
Crust Pizza	(02) 6255 7777
Dobinsons	0473 339 243
El Jannah	(02) 7908 5476
Espresso Room	@ergungahlin
Gelatissimo	(02) 5105 4736
Grease Monkey	(02) 6103 0887
Guzman y Gomez	(02) 6100 6347
Hot Wok	0402 582 726
Jade Dumpling Noodle House	(02) 6262 2918
Korner Tapri	(02) 6170 6886
Lagom	lagom.gungahlin@gmail.com
Master Goose	Located on Level 1
Mr Sushi	(02) 6262 4303
Oliver Brown	(02) 6193 3878
Oporto	(02) 6241 4211
Sharetea	@shareteaaustralia
Simply Pho	(02) 6242 6577
Subway	(02) 5100 2578
Sushi Hub:	(02) 123 4900
The Coffee Club	(02) 6241 0588
The Creamery & Co.	(02) 6241 0547
The Tongdak / Doo Ri	(02) 6242 4270
Top Juice:	(02) 123 4900
Yiayia's Bakery	1300 279 942
Young & Frisky	(02) 6171 6257
Zambrero	(02) 6242 4389
Zhangliang Malatang	(02) 6241 3324



Unwrap Joy This Christmas

'Tis the season for gifting, and we're here to make it more fun than ever! If you're unsure what to get your loved ones this year, ask yourself these questions about the recipient to help find the perfect gift.

1. What do they enjoy doing in their free time? Consider their hobbies and interests and find a gift that they're sure to enjoy in their downtime.

2. Is there something they want to learn more about? Think about what they want to explore or educate themselves on. Books might be a great choice!

3. How do they like to relax? Take into account their preferred way of unwinding and relaxing. Can you provide an opportunity for them to do this? There are plenty of options, whether it's a massage, self-care time, or a cosy night in with a movie.

4. What have they mentioned buying for themselves? Keep a running list of things they mention that they love, and surprise them with something they've been eyeing! Happy gifting!

Gifts for the whole family

Gifts for Mum

Bed Bath N' Table

La Mer Tapas Plates Set

\$34.95



Kmart- 4 Glass
Linear Coupe
Glasses \$14.00



Dusk - Polly Pink Resin
Mood Mist* Diffuser
\$124.99



Chemist Warehouse -
Si by Giorgio Armani
\$179.99



Big W
Kate Hill Tote Bag
\$59.00

Gifts for Dad

BIG W - Blend BBQ
Shirt, Tan \$22.00



Ozmosis - Quicksilver
Mikey Cargo Shorts
\$69.99

Big W - Man Cave
Dartboard Cabinet Set
\$65.00

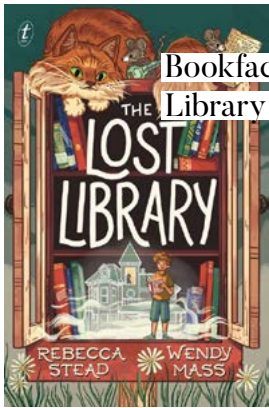


Priceline - Hugo Boss
Bottled EDT 100mL
\$161



CHRISTMAS GIFT GUIDE

Gifts for Kids



Bookface - The Lost Library \$16.99



Kmart - 38 Piece Style Your Own Dollhouse Playset \$89.00

Ozmosis - Reef Grom Stomper \$89.00

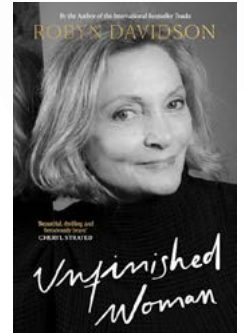


Gifts for Grandparents

Prouds - Sterling Silver Crystal and Pearl Necklace \$59.90



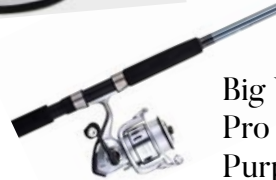
Bookface - Unfinished Woman by Robyn Davidson \$34.99



Kmart - Theatre Popcorn Maker \$65.00



Big W - Jarvis Walker Pro Hunter 8' General Purpose Combo \$59.00



Secret Santa

Gifts under \$20

Kmart - Massage Pillow \$45.00



Kmart - Wavy Pedestal Jewellery Bowl \$9.00



Gifts under \$50

Priceline - Natio Bush Canopy Bath & Body Gift \$49.95



Priceline - EcoPure Gardeners Honey Sweeter Than Honey Hand Soap \$10.00



Big W - The Aromatherapy Co Shore Sea Salt Diffuser \$12.95



Kmart - 25 Piece Artist Watercolour Paint Set \$29.00

Gifts under \$100

Kmart - Espresso Coffee Machine - \$99.00



Prouds - 9CT Gold 10mm Scalloped Creole Earrings \$99.99



Strandbags - Straw Top Handle Bag \$44.99



Strandbags - Leather Wallet & Belt Set \$79.99



'Tis the season to style & get *creative*

It's time to dust off the baubles, set up the Christmas tree and decorate the home! Prepare to make your home merry and bright this Christmas season with these expert tips.

HOMEBASE

If you are looking for a one-stop-shop for all your gift-wrapping and crafting needs, Homebase is the perfect place for you. From colourful paper to ribbons and bows, you'll find everything you need to beautify your Christmas gifts this year! Discover amazing deals, from toys to kitchenware, art supplies to sweets, Homebase has it all and more.

DIY Cards

Say goodbye to generic Christmas cards and get creative this year! With a pack of watercolour paints and some paper from Homebase, you can make your own unique cards. Get inspired with tons of fun designs on Pinterest or YouTube.

Eucalyptus Wreath

Whether you prefer the natural variation of seeded eucalyptus or the classic look of standard eucalyptus, this wreath will compliment any decor style.

What You'll Need:

- Scissors
- Embroidery hoop
- Seeded eucalyptus branches
- Floral wire or floral tape
- Wire snips
- Ribbon
- Seasonal accessories

Instructions

1. Attach eucalyptus branches to embroidery hoop:

- Gather eucalyptus branches and use floral wire to join them at the stems, creating clusters of branches.
- Layer these clusters over the top of a wood embroidery hoop, attaching them with floral wire or tape. Overlap the bundles to hide the stems.
- Fill in any empty areas with additional branches.

2. Add embellishments:

- Personalise your wreath by adding sprigs of berries, leaves, pine cones, or crafted elements like felt flowers. You can even match the colours to your existing decor!

3. Add Ribbon and Hang:

- Use a length of ribbon or a decorative hook to hang the wreath on your front door.

Kmart

3 Pack Christmas Decoration
Light Up Wire Stars **\$25.00**

43cm Gold Look Berry
Christmas Wreath **\$16.00**

Christmas Santa Sack
White Faux Fur **\$8.00**

BIGW

Christmas Train Set
46 Piece **\$50.00**

Openook Ribbed Stemless Wine
Glass 4 Pack - Gold **\$15.00**

Mystical Merriment Christmas
Decorations Butterflies 2 Pack -
Assorted **\$8.00**

BED BATH N' TABLE

Glass Ball Hot Air Balloon
With Santa Set Of 4 **\$79.99**

Eucalyptus Candle Holder
With Protea **\$39.99**

Joy Sign With Woodland
Animals **\$14.99**

Don't forget your pets this Christmas



Make the Christmas season safe and enjoyable for your pets.

With all the noises, visitors, and decorations, ensuring your pet's safety and well-being during the festive season is important.

Here are some tips to help you keep your pet safe and healthy:

1. Keep decorations out of reach

Many decorations and presents can be dangerous if your pet consumes them. Keep items like chocolate, ornaments, tinsel, and ribbon out of your pet's reach to avoid any potential harm.

2. Christmas Day tips

Create a calm and quiet spot for your pet, away from the noise and excitement. Try to exercise your pet before guests arrive to help them stay calm. Also, be mindful of Christmas flowers and plants, as some can be toxic to pets.

3. Spoil your pet in a safe way

Treat your pet to some extra love and attention during the holidays. Create a fun treasure hunt using their regular dry food, mix their food with a treat, or try a pet-friendly recipe. Spend quality time together playing games or taking extra walks.

4. Avoid feeding human foods

While sharing some holiday treats with your pet may be tempting, many human foods can harm them. Be cautious when choosing what to give your pet, and avoid foods like ham, turkey bones, chocolate, Christmas pudding, grapes, raisins, and sugar-free sweet products.

By following these guidelines, you can ensure a merry and safe Christmas for your furry friends.

Advice sourced from RSPCA.



Dusk - Peaceful
Pooch Essential Oil
Blend **\$19.99**



Kmart - 3 Pack Pet
Toy Water Play
Floating **\$12.00**

Big W - Tails Fishing
Rod Cat Toy
\$7.50



Big W - Tails Rubber
Orb Chew Dog Toy
\$7.50



How to spend a day at Marketplace Gungahlin



PERFECT ESCAPE FOR MUMS

Are you a busy mum in need of some well-deserved pampering? Treat yourself to a full day of relaxation and rejuvenation at Marketplace.



Start your day off right with a class at **Studio Pilates**. This boutique studio offers personalised training sessions for all fitness levels. Strengthen your core, tone your muscles, and feel energised for the day ahead.

After your workout, head to the **Espresso Room** for a delicious cup of coffee. Their expert baristas will whip up your favourite beverage just as you like it.



Next, treat yourself to a luxurious facial at **Skin Balance**. Their highly trained aestheticians use top-quality skincare products and techniques to make you look and feel your best.

Make your way to **Love Nails** and treat yourself to a mani-pedi. This popular nail salon offers the latest trends in nail art and warm foot baths. You're sure to leave feeling refreshed and vibrant.



Complete your pampering session with a brow refresh at **Kurves Brow & Threading**. This salon offers the latest techniques in eyebrow threading and helps you achieve the perfect brow shape that suits your face.



Finish up your day of pampering at **Chemist Warehouse**. Take your time and browse their broad selection of products that will help you further relax and rejuvenate.





UNLEASH THE DADS

Calling all Dads! Are you looking for a fun-filled day with a unique shopping experience? We have curated an itinerary for you.

Kickstart your day with a mouthwatering breakfast and freshly brewed coffee at **Lagom**. This cafe offers a cosy and elegant atmosphere - perfect for a relaxed morning.

After fuelling up, head to **Moe & Co** for a trendy haircut. Their experienced barbers will give you a stylish and clean cut that will have you feeling confident and ready to take on the day.

After that fresh cut, head over to **Bookface** and lose yourself in an incredible array of fiction and non-fiction books. This store offers an extensive collection of great reads for book lovers, with something for everyone.

Next up, it's time to unleash your inner child at **EB Games**. Whether you are an avid gamer or looking for a fun night in with friends or family, EB Games has got you covered.

CALLING LITTLE EXPLORERS

As the scorching summer heat takes over Canberra, spending a fun-filled day indoors with your kids is the perfect activity for a day out.

My first stop; the new **MarketQuest indoor playground**. This awe-inspiring playground features five-metre-high jungle gym-style play equipment that will ignite your little ones' imaginations and keep them entertained for hours. With a safe and secure environment, your kids can play to their heart's content while you relax and enjoy a coffee on the side.

If toys are more your kids' thing, stop at **Kmart**. From action figures to dolls and educational toys, Kmart is the perfect place to find that special toy for your little one.

After all that playtime and shopping, it's time to refuel at **Sushi Hub!** With a wide range of sushi rolls, bento boxes and sides to choose from, there is something for everyone. And if your kids aren't sushi fans, don't worry - plenty of other lunch options are also available.



Meet The Maker

At Marketplace, we stand proud as one of the top shopping destinations in the area, housing 84 stores and counting! What truly sets us apart is the remarkable individuals who own these stores, making Marketplace a truly special place.

Poetry in Flowers has been a staple of the Gungahlin community for 25 years, founded in 1998.

Though the shop has changed locations & ownership, it has now settled comfortably in Marketplace and enjoys a strong relationship with the local businesses and customers. The shop is now owned by Canberra locals Skye & Peter, who joined the family business in 2008 after finding joy in helping people express their emotions through creative floral arrangements.

Poetry in Flowers offers a range of products, with seasonal bunches being the best-sellers. The shop also stocks Australian-made candles, chocolates, and other gifts like bath bombs and tea.

Skye's top flower tips are to keep flowers in air-conditioned rooms during summer, buy Australian-made blooms, and regularly refresh the water and cuttings, which can help extend the life of floral arrangements.



*poetry
in flowers*

Delicious treats and family recipes since 1984!

Experience the love of authentic family recipes, expertly crafted by John Anousas, the visionary behind Yiayia's Bakery. From humble beginnings in Athens to an expansion serving over 120 shops and supermarkets across Greece, this hard working family has now brought their delectable goodies to Canberra, making Marketplace their new home.

Step into their bakery and be greeted by a warm smile, mouthwatering aromas of traditional Greek sweets, pastries, and savoury products and a truly memorable experience.



*yiayia's
BAKERY*

LIFESTYLE & HOME

Experience the authentic flavours of Xi'an at Biang Biang. Indulge in a variety of traditional Chinese dishes, from mouthwatering hand-pulled noodles to irresistible pulled pork burgers. Discover this hidden gem that keeps locals coming back.

Eyeris Optometrist, owned and operated by the much loved Dr. Razmeena Hussein, is a shining gem in the local Canberra community. With over 25 years of experience providing exceptional eye care services locally and abroad, Dr Hussein brings expert optical knowledge to her passion project, Eyeris.

From advanced testing equipment to state-of-the-art frames, every customer is catered to, with personalised advice on how best to take care of their eyes.

Eyeris Optometrist offers an extensive range of hand-picked optical frames, from popular brands such as Woodys, Noss, and Carrera to the luxurious Louis Marcel and Prive' Rivaux.

As the summer months approach, it's essential to take care of your eyes properly and investing in a good pair of sunglasses is a must-have accessory. But the store also offers much more, such as comprehensive eye examinations, contact lens fitting, style matching, optical dispensing, and more!

So, if you're looking for a place to take care of your eyes while also looking good, visit Eyeris, located in our Level Up precinct.

Meet Michael, owner of Michael's Keys!

Many Marketplace shoppers will be familiar with Michael's welcoming smile and top-notch key-cutting and engraving services.

Whether you've lost your keys or they're damaged and no longer work, you can avoid the drama by getting a spare set cut at Michael's Keys and Gifts.

Whether purchasing from a bridal registry or shopping for someone who has everything, engraving a gift can make your gift stand out from the crowd. Michael's Keys and Gifts provides engraving services for various gifts, including champagne flutes, hip flasks, keyrings, and silver photo frames.

They also offer a range of gift items, can fix your favourite heels, and put a new battery in your watch.



Health & Fitness this Festive Season

It's the most wonderful time of the year but also the busiest and, arguably, the most stressful season. Juggling Christmas parties, lost sleep, and indulging in lots of treats can make it easier than ever for our health and fitness to take a back seat.

If you're seeking motivation to stay on track and want to try something new, consider visiting one of our many fitness studios conveniently located at Marketplace!



Get ready to rev up your fitness journey with CycleBar®! Whether you're a seasoned indoor cyclist or new to spinning, they have exhilarating rides designed just for you. Get inspired, motivated, and energised to tackle whatever comes your way; book a class or two at CycleBar this festive season and seize the day!



Discover the ultimate women's only gym in the heart of Marketplace! Fernwood Gungahlin is the perfect place for fitness, health & wellness, offering group classes, strength, cardio, HIIT, yoga, pilates and more.



Transform your body with the ultimate full-body workout at Studio Pilates. Sculpt your muscles, increase strength, and improve your posture with a mindful approach. Experience a warm and inviting atmosphere that's sure to deliver impressive results.

FASHION, HEALTH, BEAUTY & WELLNESS

Keep your health in check with the following retailers:



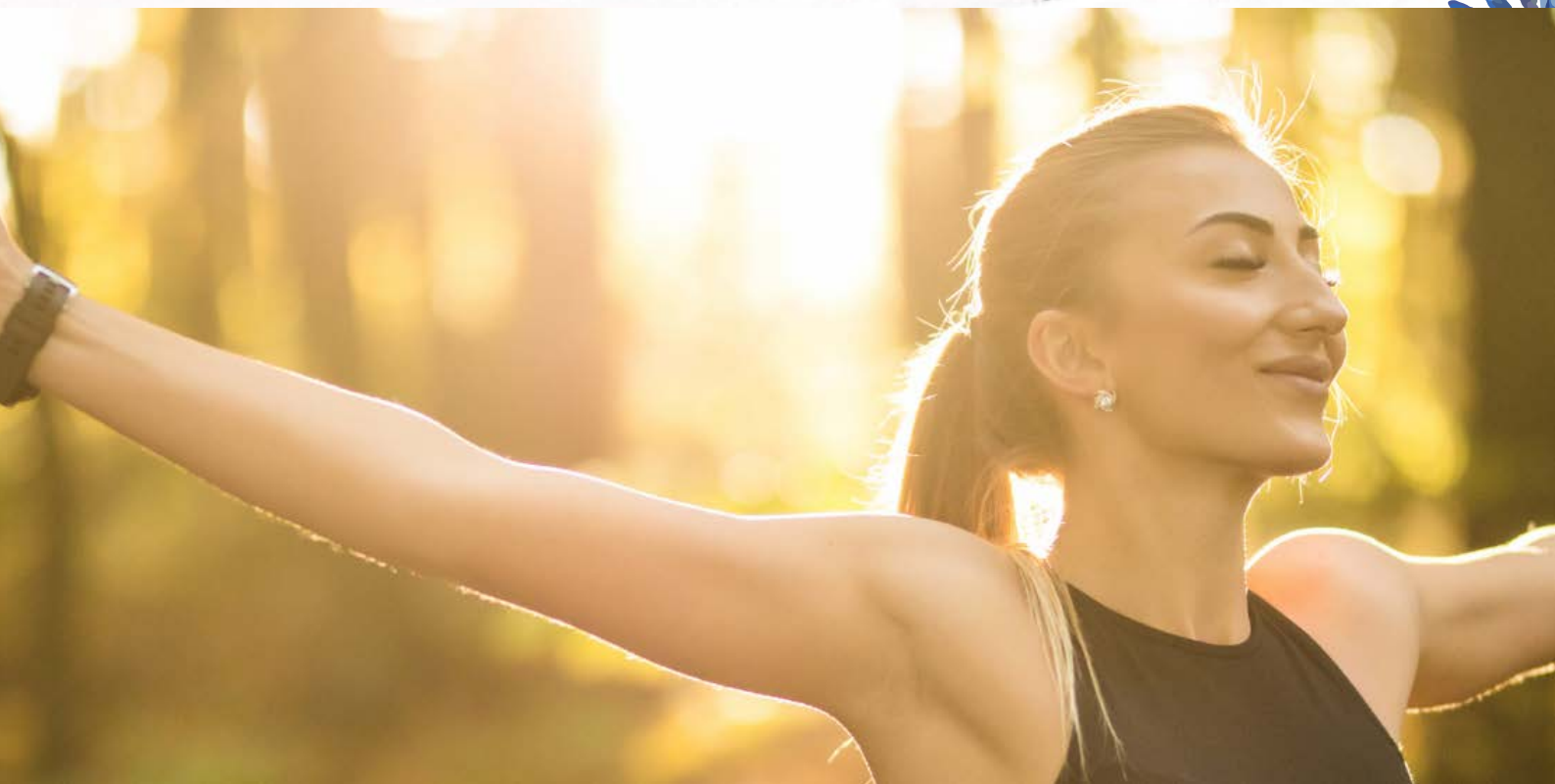
The all-new Chemist Warehouse, now located in LevelUp, is unlike anything you've ever seen before! Discover the ultimate destination for all your pharmacy needs with a vast selection of health and wellness products that will enhance your inner wellbeing this holiday season. Chemist Warehouse has everything if you're searching for supplements, vitamins or herbal blends.



Elevate your well-being with Elite Organics. Offering premium supplements, organic food, and natural beauty essentials to help you thrive daily. Discover high-quality products that are perfect for enhancing your overall health and vitality.



Get ready to level up your sports and health game at Elite Supplements - Australia's top store for all your supplement needs. Shop the latest and most innovative supplements available with staff on hand that are full of wisdom.



Beauty Buys



Nissie

As the seasons change, so does our skin, so we need to make sure we're always listening to it and using products that suit our needs. Here's what local beauty lover Nissie recommends to keep your complexion happy during the warmer months.



Chemist Warehouse
Thayers Hydrating Milky
Toner with Hyaluronic
Acid **\$21.49**



← Priceline: BOOST LAB
Goody Good Sun Drops
SPF 50 **\$39.95**



→ Embryolisse Lait-Creme
Concentre Multi-Function
Moisturiser **\$38.99**



Chemist Warehouse:
CeraVe Hydrating Foaming
Oil Cleanser **\$18.99**



→ Priceline: Dermal Therapy
Lip Balm **\$6.49**

Health & Beauty Directory

Amaz Nails	(02) 6262 3111
Beauty Central	0404 614 412
Gloww	(02) 5100 5361
Just Cuts	(02) 6241 8069
Kings Cut	(02) 6241 5138
Kurves iBrow & Threading	0422 711 431
Laser Clinics Australia	(02) 6140 3287
Moe & Co	(02) 6242 6736
Oz Nails	(02) 6242 4242
Price Attack	(02) 5105 2331
Priceline	(02) 6253 9292

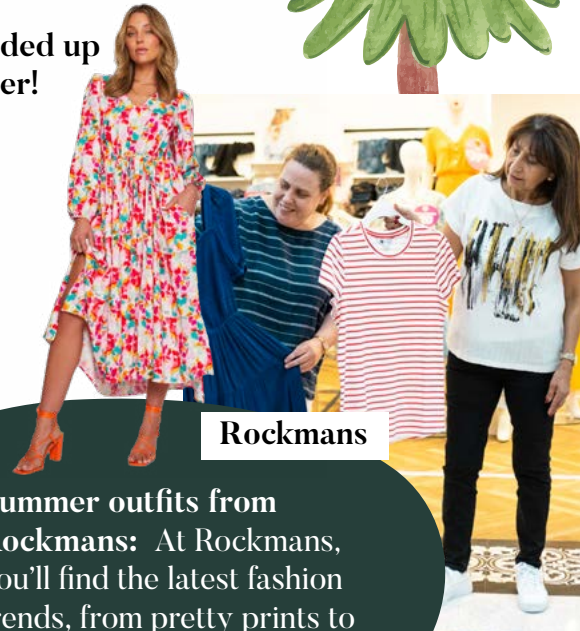
Festive finds

Searching for some festive shopping inspiration? We've rounded up some top products that are guaranteed to be a hit this summer!



FSW Shoes

Sandales & sneakers from FSW: Discover the hottest trends in footwear at FSW. Providing a wide range of stylish shoes for women, men, and children at unbeatable prices, you're sure to find something fun and festive to wear this Christmas and beyond.



Rockmans

Summer outfits from Rockmans: At Rockmans, you'll find the latest fashion trends, from pretty prints to statement colours, perfect for the summer season.

Christmas shirts from Lowes: No Christmas is complete without a funky shirt! Whether it's to wear to a work Christmas party or on the big day itself, make your holidays complete with a visit to Lowes!



Lowes

Jewellery from Prouds: From dazzling diamonds to meticulously handcrafted pieces, Prouds the Jewellers is the perfect spot to shop for unique gifts this Christmas.



Prouds

Gifts from Ozmosis: Experience the ultimate urban surf lifestyle with Ozmosis, offering the latest in fashion and fun giftware! Their range of clothing and lifestyle items can make great stocking fillers, too.



Ozmosis

Outfits for little ones from Mini Bling & Me: Find the perfect festive outfit for you and your little ones from Mini Bling and Me, offering a stunning collection of women's and children's clothing designed for both everyday and formal occasions.

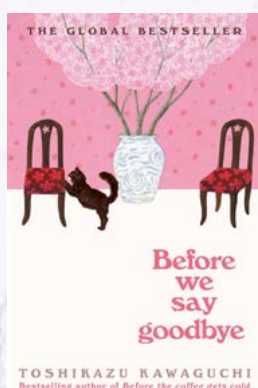


Mini Bling & Me

Products featured are seasonal and while stocks last, prices subject to change.

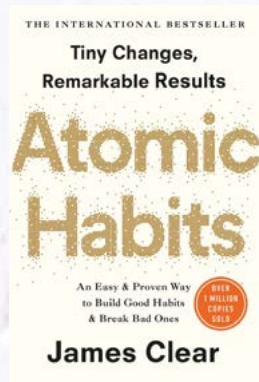
Books to enjoy over summer

Escape into the perfect summer read! Discover our top picks from Bookface that will be impossible to put down.



Before We Say Goodbye by Toshikazu Kawaguchi

The regulars at the magical Cafe Funiculi Funicula are well acquainted with its famous legend and extraordinary, secret menu time travel offering. Many patrons have reunited with old flames, made amends with estranged family, and visited loved ones. But the journey is not without risks and there are rules to follow. Travellers must have visited the cafe previously and most importantly, must return to the present in the time it takes for their coffee to get cold.



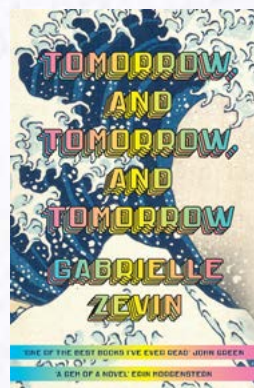
Atomic Habits by James Clear

People think that when you want to change your life, you need to think big. But world-renowned habits expert James Clear has discovered another way. He knows that real change comes from the compound effect of hundreds of small decisions: doing two push-ups a day, waking up five minutes early, or holding a single short phone call. He calls them atomic habits.



Fourth Wing by Rebecca Yarros

Violet Sorrengail has been ordered to join the hundreds of candidates striving to become the elite of Navarre: dragon riders. She'll need every edge her wits can give her just to see the next sunrise. Alliances will be forged. Lives will be lost. Traitors will become allies or even lovers. But sleep with one eye open because once you enter, there are only two ways out: graduate or die.



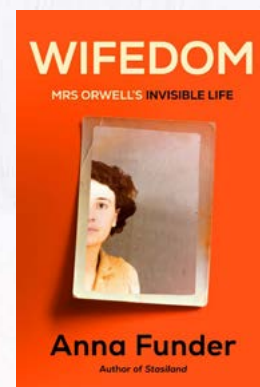
Tomorrow, and Tomorrow, and Tomorrow by Gabrielle Zevin

In 1987, a chance encounter in a hospital gaming room brings two kids together.

While one is visiting a sibling and the other is recovering from a car crash, they find solace and excitement through their shared love of video games. As time passes, they drift apart, but fate reunites them eight years later at a busy train station. Instantly reconnected, they embark on a journey to create games that captivate and transport players, finding a special bond within the realm of digital worlds.

Wifedom by Anna Funder

Looking for wonder and some reprieve from the everyday, Anna Funder slips into the pages of her hero George Orwell. As she watches him create his writing self, she tries to remember her own. When she uncovers his forgotten wife, it's a revelation. Eileen O'Shaughnessy's literary brilliance shaped Orwell's work and her practical nous saved his life. But why – and how – was she written out of the story?



ITS TIME TO *Explore*



Don't let your suitcase gather dust! Book a memorable experience for 2024 and see the magical wonders of the world, or stay put and explore the best that Australia has to offer.

Whether you're looking to get away for the weekend, escape for the school holidays or venture overseas for the trip of a lifetime, Travel Associates and Flight Centre have you covered with a range of deals to get you there.

FLIGHT CENTRE

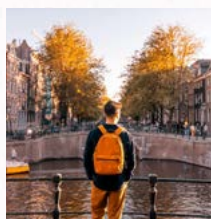
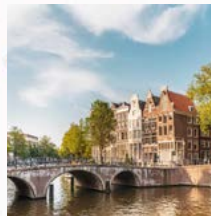
Discover Munich: A Fusion of Tradition and Modernity

Picture yourself strolling through the charming streets of Munich, where the past meets the present. Wander through the awe-inspiring neo-classical areas of Ludwigstraße & Leopoldstraße. With a holiday full of history, food & traditional Munich vibes – book directly with Flight Centre for the best deal.



Amsterdam

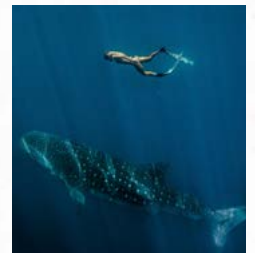
Discover the charm of Amsterdam, where enchanting streets and canals await you at every corner. Immerse yourself in the unique character of this city as you wander through its iconic canals, crossed by picturesque bridges that tell tales of its rich history.



TRAVEL ASSOCIATES

Embark on a soul-stirring adventure in Western Australia like never before!

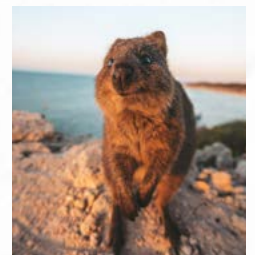
1. Dive into the extraordinary world of Ningaloo Reef, where you can swim alongside graceful whale sharks in the crystal-clear, turquoise waters of the Coral Coast. This awe-inspiring encounter is available from March to August.



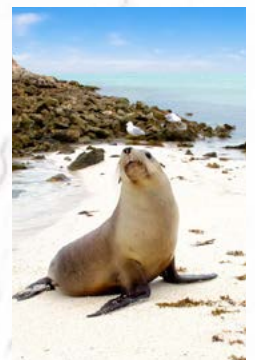
2. Prepare to be mesmerised by the Horizontal Falls, a natural wonder hailed by David Attenborough as one of the greatest on Earth. Witness the power of tidal surges as they create a breathtaking waterfall effect through narrow channels in the vast cliffs of Talbot Bay.



3. Get acquainted with the adorable quokkas of Rottnest Island. These furry creatures, known as the world's happiest animals, will melt your heart as they hop around the island, using their tiny paws to grab food. Prepare for some laughs!



4. Discover the hidden gem of the Houtman Abrolhos Islands. With 122 islands scattered across 100 kilometres of vibrant blue ocean, this paradise is a haven for a diverse array of bird and marine life. Explore the three island clusters - Wallabi Group, Easter Group, and Pelsaert Group - and witness the true wonders of nature.



Ready to embark on your Western Australian escape? Visit Travel Associates to plan your unforgettable journey.





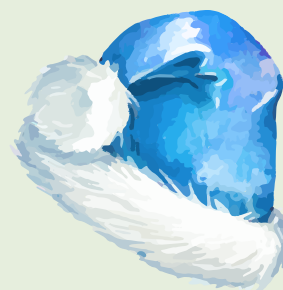
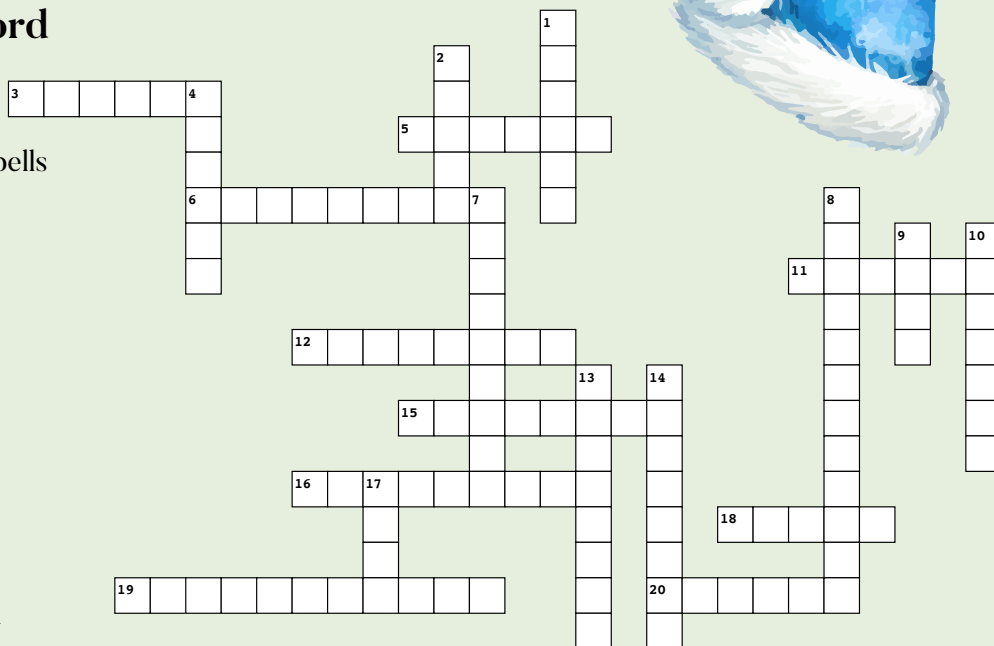
Christmas Crossword

Across

3. Popular song: _____ bells
 5. _____ the snowman
 6. Santa's home
 11. Who stole Christmas?
 12. Gifts
 15. Rudolph and his friends
 16. Kiss under it
 18. Santa's little helpers
 19. Holiday Cookie "man"
 20. 2019 Christmas Movie

Down

1. A _____ wonderland
 2. Joyful song about Christmas
 4. Drink made from eggs, spices and cream.
 7. Christmas shopping can be _____
 8. Day before Christmas
 9. As white as _____
 10. Santa's entry
 13. Month of Christmas
 14. Christmas bulbs
 17. Top of the Christmas Trees



Sudoku

Easy

			6			1		7
6	8		9	5	1	3		
		3			2	5	6	8
	4		8	1			2	
						8	5	
	9			6	5		7	3
4		9			3		8	5
1	6	2			9		3	
5			7		6			

Moderate

		7	8		1	6		5
		5					2	
	9			5			1	3
	3	8				1	4	
			4	1			8	2
		1		9	8			
			1	3	4	9	5	7
			5					
7	5		9					

Answers: 1. winter 2. carol 3. jingle 4. eggnog 5. frosty 6. northpole 7. expensive 8. christmas eve 9. snow
 10. chimney 11. grinch 12. presents 13. december 14. ornaments 15. reindeer 16. mistletoe 17. star 18. elves
 19. ginger bread 20. noelle



Win

1 OF 3 \$200
CHRISTMAS SHOPS!




MARKETPLACE
GUNG AHLIN



Full Name: _____

Phone Number: _____ Age: _____

Drop this sheet at our collection point out the front of Woolworths and BIG W or head to our website to submit online.



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on *festive fun*

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